

## APPRENTICE OF PEACE YOUTH ORGANIZATION

## **AOPYO Programs & Services**

**Our mission** is to engage the community through a whole family approach that incorporates leadership, arts, wellness, and skilled trades in all programs.

The Apprentice of Peace Youth Organization has 3 principles that we use to guide our organization and the work we do with youth and young adults.

- 1. The Realization
- 2. The Committed Effort
- 3. The Accepting Principles of Change

**AOPYO programs and services** are for students and families and can occur in school and after school.. Participants can engage in the program through a hybrid learning model of in-person and virtual sessions.

- 1. **Tai Chi Academy** A fun and exciting program designed just for elementary students! Through gentle Tai Chi movements, kids will learn how to improve their wellness, stay focused, and manage their energy in a positive way. It's a great way to help kids feel calm, strong, and ready to take on the day!
- 2. **IAAAOP (I Am An Apprentice of Peace)** Youth will develop leadership, wellness, and soft skills while gaining awareness of mental health stigmas, fostering open dialogue, and realizing their best selves.
- 3. **Peer to Peer Mentoring** Empowers participants to support and learn from each other, fostering leadership, open dialogue, and personal growth through shared experiences with support from a trusted adult. Resource navigation for families is also included here.

**AOPYO also offers enrichment and career pathway programs** for schools that includes chess, comic book creation, poetry, spanish language immersion, and political awareness.

Cost	Program Size	Our Partners
Varies based on family situation, school, etc. We do offer a sliding scale in order to make it as affordable as possible.	Our ideal class size is 10-15 students but can accommodate more students as needed.	Our program partners include but not limited to Paragon Behavioral Health, From the Heart Foundation, Nouri Wellness, SparkU, and Best Buy Geek Squad

## Get an Introduction to our Work!

The Apprentice of Peace Youth Organization offers an in-school demo day to introduce this important work to students. Offered as a one-time, half day class, this introductory session provides valuable access to our core work and principles, free of charge to schools.

Contact our Program Coordinator to set up a demo for your school!